Upcoming Events

- **Wednesday, October 24th, 7 PM** - Barley’s Taproom & Pizzeria, 200 E. Jackson Ave.: Join us at Barley’s for a relaxing evening - stay for Trivia starting at 8! Park under the Jackson Ave. Bridge.

- **Thursday, November 15th, 11 AM - 1 PM** - Self-Care Fair, Haslam West Wing: To help our students it’s also important to take care of ourselves! Discover on-campus/community resources and strategies to stay well. This is a drop-in event with tables and demos from:
  - Century Harvest Farms
  - Resource Librarian from UT Libraries
  - UT Art Department
  - Margy Wirtz-Henry from the Kinesiology Department
  - TRECS
  - UTK Mindfulness and Meditation Club
  - and more!

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Questions about our events? Email TennACADA at tennacada@utk.edu
Advising Across the Pond – You Say Academic Advising, We Say Personal Tutoring with Penny Robinson

On October 9th Penny Robinson, the Chair of the UK (United Kingdom) Advising and Tutoring Network, joined our community in Ayres Hall to discuss the similarities and differences in academic advising between the UK and the United States. Language presented some of the most obvious differences, such as but not limited to:

- Academic Advisors = Personal Tutors (Advisees then are Tutees)
- Faculty = Group of Departments (e.g. Faculty of Sciences)
- Resources outside of Advising = Financial aid, counseling, and medical services

Personal tutors are those in academia and tutor in addition to their other job responsibilities. Professional academic advising as a profession is minimal in the UK and most training for advising for the tutors are oftentimes voluntary. When discussing the pros and cons of this method Penny stated, "If everyone has to do something, does that mean everyone can?"

Similar to our roles, Penny also covered the importance of building rapport with students and what to do when students no-show. She also touched on the use of peer tutoring and digital tools to help guide their conversation with tutees. TennACADA would like to thank Dr. Sullivan-Vance for bring Penny Robinson to UTK and Penny Robinson for speaking with us.

State of the Students Panel – How Are UT Students Doing?

Are our students well? On October 15th Dr. Shea Kidd-Houze (Dean of Students), Dr. Judi Gibbons (Counseling Center), Bonnie Johnson (Pride Center), and Ovi Kabir (SGA) talked with us about UT students are doing. Below were some of the majors themes noted throughout the conversation:

What is well-being?
- Balance
- Awareness
- Physical and Mental (Biological and Psycho-social)

What is affecting our students?
- National, State-level, and campus affairs
- Time management, external and internal pressures, and glorification of being busy
- Oppression/Lack of Diversity and Inclusion

How can we help?
- Get educated – seek out tools/resources/information (ex. Safe Zone Training)
- Don’t assume you know everything about a student
- Be the person you needed when you were younger
Team Highlight: The Student Success Center
Greve Hall Room 324
studentsuccess.utk.edu

Why should students meet with an Academic Coach?
The Student Success Center (SSC) offers students one-on-one meetings with a trained Academic Coach to help them improve academic skills and performance. It is a common misconception that only students who are struggling should attend a coaching appointment. While we want to see and assist those students, we encourage all students at UT to utilize coaching as a way of honing their skills and feeling more confident in the classroom. The most popular topics Academic Coaches discuss with students are time management, academic policies and procedure, test taking, study skills, and goal setting. Please encourage students to come early and often!

Academic Coaches

Top L–R: Linda Smith, Jenny Ludwig, Tyler Odgen
Bottom L–R: Ali Aust, Megan King, Stephanie Weathers

Scheduling an Appointment
Students can schedule an appointment to meet with an Academic Coach or a tutor through Grades First. Students can also call the front office at 865-974-6641 to schedule a time to meet with a Coach. Supplemental Instruction does not require an appointment and students are encouraged to just walk in.
New Faces in the SSC

Ali Aust  
Academic Coach  
Recent graduate of UT’s College Student Personnel program  
aaustl@utk.edu

Megan King  
Academic Coach  
Recently graduated with her PhD in Anthropology from UT  
mhoak@utk.edu

Tyler Ogden  
Academic Coach  
Coming from West Virginia University  
togden@utk.edu

Special Programs
The SSC offers many programs to enhance student success, including UT LEAD, the Hope Recovery Program, tutoring, and supplemental instruction.

UT LEAD is a program for incoming first-generation college students and is built on the principles of leadership, excellence, achievement, and diversity. During their first year, these students participate in FYS courses, academic success workshops, and work closely with the Academic Coaches. At the end of their first two semesters, they have the opportunity to apply for a scholarship. More information can be found here: https://studentsuccess.utk.edu/ut-lead/what-is-ut-lead/

Hope Recovery Partnership is a joint effort through the SSC and One Stop. Students who participate in HRP have not met the minimum GPA requirement for the HOPE scholarship, but their GPA is within range of meeting the next benchmark with some improvement. These students are required to meet with a Coach three times a semester as they improve their GPA. With their participation in the program, they continue to receive financial aid from the university.

Tutoring and Supplemental Instruction are two great resources for all students! The SSC offers tutoring for almost 300 subjects around campus! These one-on-one meetings with a trained tutor are free to students and offered Sunday–Thursday. Supplemental instructions are larger group review sessions for a select group of classes. Again, these are free to students and occur each week. You can find the schedule for tutoring and supplemental instruction on the SSC website: https://studentsuccess.utk.edu/
Have you checked out the new Advisor Toolbox yet?

Advisor, Student, and NACADA resources can be found on the Advisor Toolbox SharePoint. Questions and feedback regarding the Advisor Toolbox can be sent to Phyliss Shey at pshey@utk.edu.

Mark your calendars for the
National First-Generation College Student Celebration
November 8, 2018

7:40AM–9:40AM Hot Chocolate Bar
Location: Ped Walkway Near Library

10AM–12PM Student Support Services – Educational Advancement Program Open House
Location: Greve Hall 3rd Floor

12PM–2PM Paint the Rock & Pizza
Location: The Rock
Meet up for lunch with other first-generation students, faculty and staff. Add your signature alongside other proud first-generation students. Group photo at 12:45PM.

3PM–4:30PM Open House & Cupcakes
Location: Freison Black Cultural Center
Connect with the first-gen community and add to our gratitude banner thanking those who supported your college experience.

RSVP to Events at: http://tiny.utk.edu/firstgen #CelebrateFirstGen