Final Fall 2018 Event – UPerk
Monday, December 10th, 7:30–9:30 AM

UPerk (located in UKirk) 1831 Melrose Ave. – Join us for a morning of breakfast goodies provided by TennACADA and choose-your-price coffee, tea, and other delicious drinks from UPerk! UPerk is located inside UKirk to the left upon entry. Donations can be made via cash or PayPal. Come wind down and celebrate the end of the semester with the advising and success community!
Self-Care Fair
With Campus & Community Partners

On Thursday, November 15, TennACADA hosted a Self-Care Fair open to all members of the advising, student success, and first-year studies community in the Haslam Business Building West Wing. Several on-campus departments and community partners were stationed at tables during the event, including:

* Century Harvest Farms – Contact: Erin Brown (erin@centuryharvest.com) | centuryharvest.com

* University Libraries – Contact: Ingrid Ruffin (iruffin@utk.edu) | lib.utk.edu

* Dept. of Kinesiology, Recreation, & Sport Studies – Contact: Margy Wirtz-Henry (mwirtz@utk.edu) | krss.utk.edu

* Center for Physical Activity & Health – Contact: Moriah Goss (mgoss4@vols.utk.edu) | physicalactivity.utk.edu

* Be Well – Michele Dorsainvil (mdorsainvil@utk.edu) | bewell.utk.edu

* Healthsource Chiropractic & Progressive Wellness – Contact: Tina Hedger (frontdesk.hsknox@gmail.com) | healthsourcechiro.com/knoxville-northshore

* School of Art – Contact: Katie Gentner (kgentnel@vols.utk.edu) | art.utk.edu/

* TRECS – Contact: Sean Basso (seanbasso@utk.edu) | recsports.utk.edu/

Our table participants provided attendees with information, demonstrations, services, free giveaways, and for-purchase items related to areas of health and wellness. In the table participant list above, you will find contact information and resources for these departments and organizations.

Be on the lookout for our Spring 2019 Events!
Why should students meet with a Business Advisor and how can they do so? Students who wish to switch to Business can only do so if they have above a 2.5 GPA. They should email busad@utk.edu with their name, email and ID number requesting to be placed in a To Business campaign. Students who don’t have a 2.5 gpa should meet with a Transition Coach.

Students can contact Business Advising with any questions at busad@utk.edu.